

CASE HISTORY 101

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FEBRUARY 14, 2020

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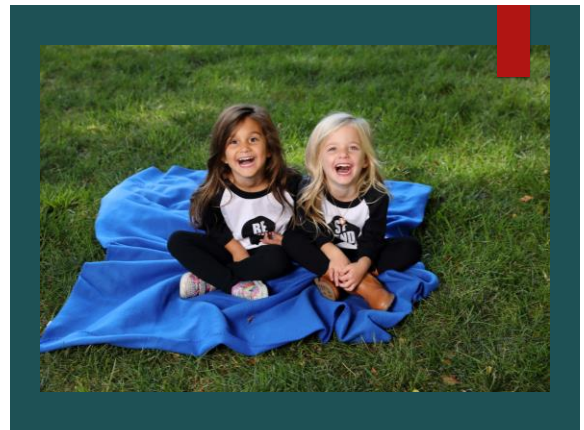
Disclaimer

I have no financial interest in any company I may reference during this presentation.

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- ## About me
- Born & Raised in Kansas
 - Graduated from KU -- Rock Chalk!
 - Graduated from Southern College of Optometry
 - Completed Residency in Pediatrics & Vision Rehab
 - Own private practice with my husband in LVN and KC metro

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- ## Goals for this Course
- Understand how to efficiently elicit a chief complaint and history of present illness (HPIs)
 - Understand how to take an efficient patient and family medical history
 - Understand how the case history plays into the new meaningful use criteria

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The Keys to History Taking & Keeping Your Doctor Happy



BE ACCURATE



BE EFFICIENT



BE FRIENDLY



FAKE IT 'TIL YOU MAKE IT

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Chief Complaint (cc:)

Medical vs. Visual Complaint

Chief Complaint

- "What brought you into see the eye doctor today?"
- "What is the main reason for your visit today?"

Secondary complaint

- "Any other concerns you would like me to tell the doctor about your eyes?"

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History of Present Illness F.L.O.R.I.D.A.

4 HPIs per complaint are required to withstand an insurance audit

- F – Frequency
- L – Location
- O – Onset
- R – Relief
- I – Intensity
- D – Duration
- A – Associated Symptoms

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History of Present Illness

F - Frequency

- How often does this occur?
- Is it constant or intermittent?
- Exp: cc: Headaches
 - Frequency – 2x/week

L - Location

- OD/OS/OU?
- Distance/computer/near?
- Exp: cc: Headaches
 - Frontal

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History of Present Illness

O - Onset

- When did it begin? Or how long have you noticed it?
- What were you doing? (may apply to red eye)
- Exp: cc: Headaches
 - 2 months ago

R - Relief

- Anything make it better?
- Exp: cc: Headaches
 - Taking a break from the computer

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History of Present Illness

I - Intensity

- Scale of 1 to 10 (or mild, mod, sev?)
- Exp: cc: Headaches
 - 6/10

D - Duration

- How long do they last when you have them?
- Exp: cc: Headaches
 - 2 hours

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History of Present Illness

A - Associated Symptoms

- Any other symptoms occurring?
- Exp: cc: Headaches
 - Eyestrain

YOUR TURN! F.L.O.R.I.D.A.

- Example: Blurred Vision
- Example: Red Eye

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Patient Medical History (PMHx)

- Disease/Illness**
 - > Any health issues?
 - > Are you being treated by your primary care doctor for anything?
- Medications (MU)**
 - > What medications are you taking, including OTC and any eye drops?
- Allergies (MU)**
 - > Any allergies that you know of?
 - > No known drug allergies? NKDA - ALWAYS specifically ask about drug allergies

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Patient Ocular History (POHx)

- Eye Disease**
 - > Any history of eye disease?
 - > Genetic testing?
- Surgeries / Trauma**
 - > Any history of ocular surgery or trauma?
- Medications**
 - > Any ocular medications?

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Family Medical History (FMHx)

- Immediate Family**
 - > Parents
 - > Siblings
 - > Grandparents
- Disease/Illness**
 - > Anyone in your immediate family have any diseases we need to know about?
 - > HTN, Diabetes are the big ones






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Family Ocular History (FOHx)

- Eye Disease**
 - > Anyone in your immediate family have an eye disease? Including:
 - > Macular degeneration
 - > Glaucoma
 - > Cataracts
- Genetic Testing??**

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Efficiency Tips

-  "Do you or anyone in your immediate family have a history of eye disease?"
-  YOU control the conversation. Smile and nod but get the patient back on track.
-  Have your script down and use the same routine EVERY time.
-  Practice with a timer
-  Multitasking

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Examples

Let's practice together!

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